

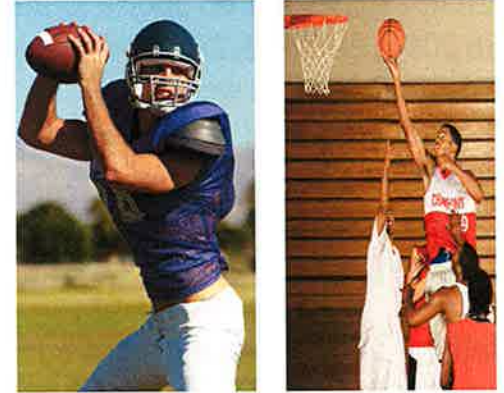
About The Council on Compulsive Gambling of New Jersey, Inc.

The Council is a private, non-profit 501C organization that provides information, education and referral services for people affected by compulsive gambling. The Council actively works toward the acceptance of pathological (compulsive) gambling as a treatable illness. The Council owns and operates the 1-800-GAMBLER© HelpLine, which receives over 20,000 calls yearly, and the www.800gambler.org website, which receives over 70,000 hits monthly.



Is gambling causing a
problem for you?
Call 1-800-GAMBLER©
or visit www.800gambler.org.

SPORTS GAMBLING



PROBLEM AND COMPULSIVE GAMBLING

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1-800-GAMBLER
www.800gambler.org**

Sports Gambling

Adolescents gamble frequently on sports (Annenberg)

- 26.4% males bet on sports monthly in 2008, 20.7% in 2007
- Male adolescent weekly sports betters increased from 5% in 2007 to 9.7% in 2008
- Youth have 2-3 times higher compulsive gambling rate than adults

College athletes gamble on sporting events (NCAA)

- 29.5% of male athletes bet on sports last year
- 9.6% of male athletes bet at least once a month
- 2.7% bet at least once a week

Athletes are at high risk for sports gambling

- High levels of energy
- Unreasonable expectation of winning
- Competitive personalities
- High intelligence
- Need for action and excitement
- Ability to play through pain and endure great loss
- Perception of social norms and sense of entitlement

Many athletes appear in the news due to gambling problems

- Gilbert Arenas, Tim Donaghy, Pete Rose
- Charles Barkley, Nikolay Davydenko, John Daly

The 'Final Four' in college basketball is the number one betting event for college students

- Super Bowl Sunday is the biggest betting day of the year in America.
- Approximately \$90 million bet in Las Vegas this year.
 - 1-3 percent of total amount bet

Sports pools in the office often introduce people to sports betting i.e., World Series, Super Bowl, March Madness.



Signs and Symptoms of a Compulsive Gambler

- Preoccupation with thoughts about gambling
- Asking for larger amounts of money or gambling more frequently
- Personality changes, such as irritability, restlessness and withdrawal
- Alienation from family and friends
- Inability to cut back or stop gambling
- Lying to friends and family about how much you gamble
- Borrowing to relieve a desperate financial situation caused by your gambling
- Thinking about or committing an illegal act to finance your gambling
- Suicidal thoughts