

GAMBLING AND SMOKING

- Gamblers have high rates of tobacco use and there is a linear relationship between gambling severity and both smoking frequency and nicotine dependency (Rodda et al. 2004)
- New Zealand study showed 58% of problem gamblers were daily smokers versus 22% of non-problem gamblers (Ministry of Health 2006)
- Gamblers who smoked daily gambled more days and spent more money than non-daily smokers. They craved gambling more and had lower perceived control over gambling (Petry & Oricken 2002)
- 41.6% of heavy gamblers are smokers versus 30.1% of recreation smokers and 21.3% of non smokers (Smith & Ferris, 1996)
- 62 % of treatment seeking gamblers in Connecticut and 69% in Minnesota smoked (Petry & Oricken 2002, Stinchfield and Winters 1996) as compared to 25% of general population (Reuter et al.. 1990)
- Smoking is powerful reinforcement for the trance-inducing rituals associated with gambling (Harper,2003)

For help in the New Jersey Area:

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Gambling Problem?
Call 1-800-GAMBLER®
Or visit
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